



LAZER HAIR REDUCTION CONSENT FORM

I authorize Lasting Impressions Medical Aesthetics to perform intense pulsed light hair reduction treatment. I understand that the procedure is purely elective, that the results may vary with each individual, and multiple treatments may be necessary.

I understand that:

- Serious complications are rare but possible.
- Common side effects include temporary redness, mild swelling, and mild "sunburn" like effects that may last a few hours to 3-4 days or longer.
- Pigment changes, including hypo pigmentation (lightening of the skin) or hyper pigmentation (darkening of the skin) lasting 1-6 months or longer may occur.
- Freckles may temporarily or permanently disappear in treated areas.
- Other potential risks include crusting, itching, pain, bruising, burns, infection, scabbing, scarring, swelling, and failure to achieve the desired result.
- Lasers/intense pulsed light can cause eye injury and protective eyewear must be worn during treatment.
- I understand that sun or tanning lamp exposure and not adhering to the post-care instructions provided to me may increase my chance of complications.
- Tattoo(s) in the treatment area may be contraindicated. This is determined on a case-by-case basis. Possible side effects may include blisters, burns, and fading of partial or full tattoo(s).

I consent to the photographs being taken to evaluate treatment effectiveness, for medical education, training professional publications or sales purposes. No photographs revealing my identity will be used without my written consent. If my identity is not revealed, these photographs may be used and displayed publicly without my permission.

Topical Anesthetics are sometimes requested by our patients for local pain relief to an area of intact skin. Areas may be numbed from 30 minutes up to an hour with effect persisting for one hour after removal. Local redness or erythema may be seen and these are mild and transitory. It is contraindicated in patients with sensitivity to any local anesthetics and allergic/anahylactoid reactions associated with lidocaine can occur. They are characterized by urticaria, angioedema, bronchospasm and shock. Systemic adverse reactions are unlikely due to small doses absorbed. Contact with eyes should be avoided and is not to be used over large areas. It is only for external use. Patients should avoid inadvertent trauma to the area by scratching, rubbing or exposure to extreme hot or cold temperatures until complete sensation has returned. Do not use it if pregnant or nursing or if taking Class I antiarrhythmic agents (tocainamide, mexiletine).

Pre/Post Laser Hair REMOVAL Procedure

- Please shave the entire area you desire treated the day before your planned treatment.
- Use a broad spectrum SPF 30 (or greater) sun block before AND after your treatments. No natural or artificial tanning (which includes tanning beds and spray tans) anytime within 2-3 weeks before your session.
- A cream to avoid potential pigmentation may be given for certain skin types.
- Avoid exfoliating agents like Retin-A, alpha or beta hydroxy acids, toners or any irritating creams for one week prior.
- Do not apply any perfumes, deodorant or make-up to the desired area the day of your treatment.

After Your Laser Hair REDUCTION Procedure

- No deodorant for 24 to 48 hours if underarm was treated.
- Immediately after your treatment there will likely be some slight redness, swelling around the hair follicles and mild discomfort similar to a sunburn. Cool packs may be applied.
- You may also notice during and immediately after your session the smell of burned hairs. This is normal.
- Do not rub, or pick the treated area. Do not use any loofahs or abrasive scrubs for at least 5 days.
- Avoid strenuous sports activities or hot water/ saunas/ Jacuzzi for 3 days.
- Contact our office if the area shows signs of infection or blistering.
- Continue to use sun block for the duration of your treatments.

Scheduling Your Next Treatment

- After your treatment, the hair may appear to grow for up to two weeks. This is simply the treated hair being shed from the follicle, and is not new growth.
- Shaving is recommended between sessions and is recommended the day prior to your next appointment.
- Your session typically is scheduled in four weeks for facial areas, six weeks for torso and eight weeks for below the waist. Interruption of this schedule may cause less than optimal results.
- Electrolysis, waxing, threading, tweezing or plucking is to be avoided between sessions, however shaving is encouraged.

**RESULTS MAY VARY AND ARE NOT GUARANTEED. THERE ARE NO REFUNDS.
A \$25 WILL BE CHARGED FOR A NO CALL/NO SHOW APPOINTMENT.**

Before and after treatment instructions have been discussed with me. The procedure as well as potential benefits and risks have been explained to my satisfaction. I have had all my questions answered. I freely consent to the proposed treatment. I consent to Laser/Pulsed Light Cosmetic dermatology treatments today and for all subsequent treatments.

Patient Signature: _____

Date: _____

Provider Signature: _____

Date: _____